



## General English- Beginner

### Unit 6: Every single day

#### Objectives

Grammar: Present Simple – I/you/he/she;  
always/sometimes/never

Vocabulary: The time; Words that go  
together

Everyday Language: Days of the week; in/on/at



1. Tick (✓) the things you do every day.

1. Play football \_\_\_\_
2. Eat cake \_\_\_\_
3. Speak English \_\_\_\_
4. Work \_\_\_\_
5. Drink coffee \_\_\_\_

1. Listen and repeat. Then, write the times. 🎧 6.1



1. It's nine o'clock.



6. \_\_\_\_\_



2. It's nine thirty.



7. \_\_\_\_\_



3. It's nine forty-five.



8. \_\_\_\_\_



4. It's ten o'clock.



9. \_\_\_\_\_



5. It's ten fifteen.



10. \_\_\_\_\_

2. Listen to the conversation. 🎧 6.2

A: What time is it, please?

B: It's nine o'clock.

A: Thank you very much.

3. Ask and answer questions about the times below.

1



2



3



4



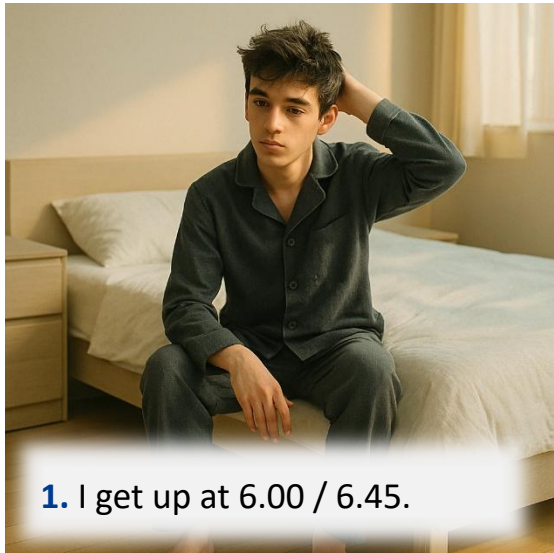
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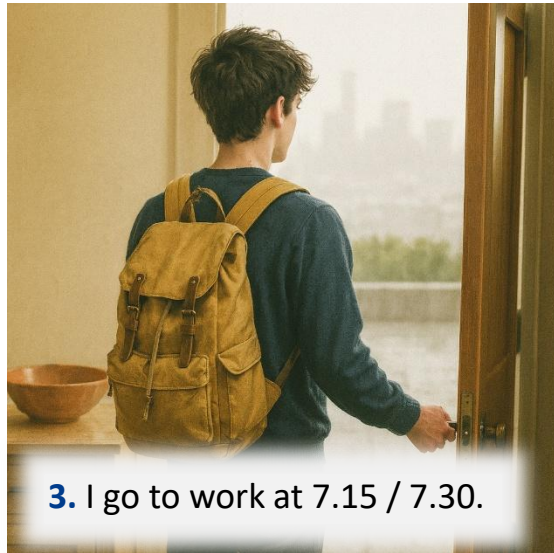
1. Felipe is a shop assistant at a big supermarket. Listen to Felipe talking about his working day. Underline the times.



1. I get up at 6.00 / 6.45.



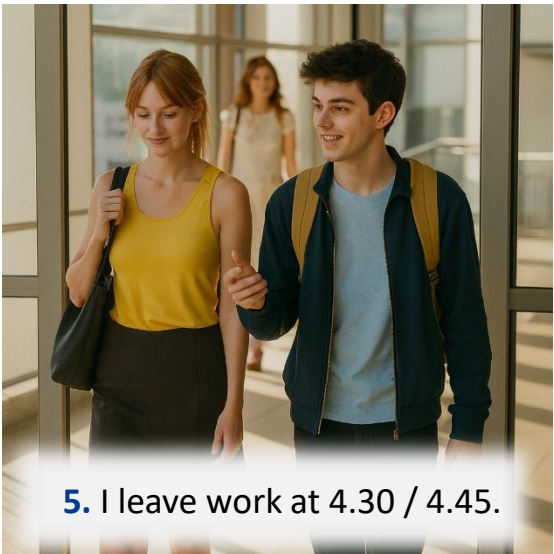
2. I have breakfast at 6.30 / 7.00.



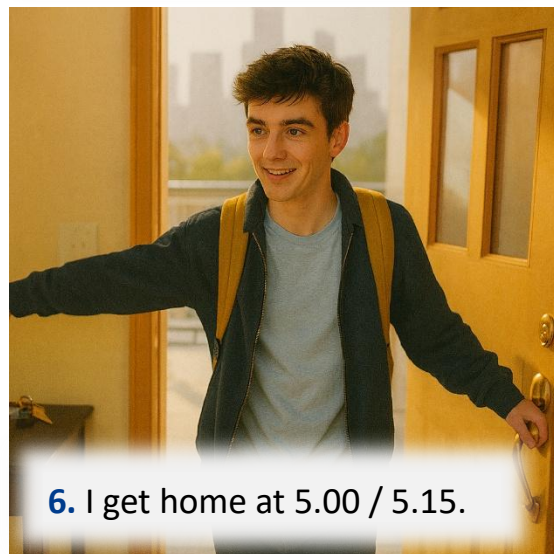
3. I go to work at 7.15 / 7.30.



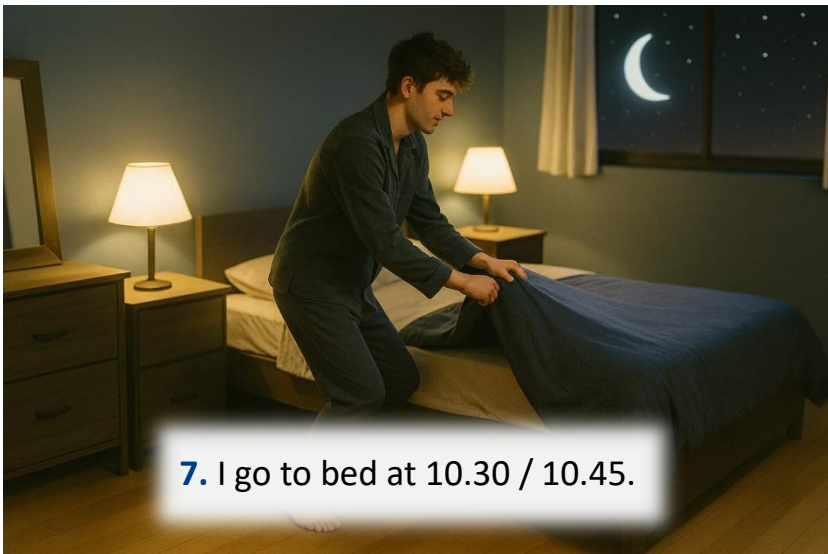
4. I have lunch at 12.00 / 12.15.



5. I leave work at 4.30 / 4.45.



6. I get home at 5.00 / 5.15.



7. I go to bed at 10.30 / 10.45.

About you!

2. Talk about your day.

I get up at 7.15.  
I have breakfast at ...

3. Listen and repeat the questions.



What time **do** you **get up**?  
What time **do** you **have** breakfast?

4. Ask and answer questions about your day.

What time do you ...?

# Language focus | Simple present: he/she; always, sometimes, never

- 1. Read about Anna McMann and look at the photos. Are her days busy?
- 2. Read the sentences about Anna's day. Write the times.
  - 1. She gets up at 6 o'clock and she has a shower.
  - 2. She has breakfast at \_\_\_\_\_.
  - 3. She leaves home at \_\_\_\_\_ and she cycles to work.
  - 4. She has lunch (a wrap and salad) at \_\_\_\_\_.
  - 5. She always works late. She leaves the hospital at \_\_\_\_\_.
  - 6. She sometimes buys a Chinese takeaway and eats it at home with her brother, Toby. She has her dinner at \_\_\_\_\_.
  - 7. She never goes out in the week. She works for her exams until \_\_\_\_\_.
  - 8. She always goes to bed at \_\_\_\_\_ and watches TV or reads a book.

## LANGUAGE FOCUS

- 1. Underline the verbs in sentences 1–8. What's the last letter?  
cycles    works

Listen to the verbs and repeat.

- 2. Look at the adverbs.  6.6
  - 100%                      50%                      0%
  - always**                      **sometimes**                      **never**

Listen to the sentences and repeat.  6.7

- 3. Find always, sometimes and never in exercise 2.

See page 12-13 for Grammar reference

## A day in the life of Anna

Anna lives in London. She's 29 and a junior doctor at a big hospital in the centre of London. The hospital is always busy. This is a typical day.



Pronunciation

3. Listen to the pronunciation of -s at the end of the verbs.  6.8

| /s/                      | /z/                    | /ɪz/                               |
|--------------------------|------------------------|------------------------------------|
| gets up<br>works<br>eats | leaves<br>buys<br>does | goes<br>cycles<br>reads<br>watches |

Questions and negatives

4. Read the questions. Complete the answers.

1. What time does she get up?  
She \_\_\_\_\_ at 6.00.
2. When does she go to bed?  
She \_\_\_\_\_ to bed at 10.45.
3. Does she go to work by car?  
\_\_\_\_\_, she doesn't.
4. Does she go to work by bike?  
\_\_\_\_\_, she does.
5. Does she have lunch at home?  
\_\_\_\_\_, she doesn't.
6. Does she work for her exams in the evening?  
\_\_\_\_\_, she does.

Listen and check.  6.9

LANGUAGE FOCUS

Positive

She gets up at 6.00.  
She has breakfast at 6.30.

Negative

She doesn't have lunch at home.  
She doesn't go to work by car.  
doesn't = does not

Questions

What time does she get up?  
Does she work late? Yes, she does. / No, she doesn't.

5. Ask and answer questions about sports, food and drinks.

Do you like Mojitos?

Yes, I do.

No, I don't.

6. Ask and answer the questions about Anna’s day. Check.  6.10

1. When / leave home?

2. Does / go to work by bus?

3. Where / have lunch?
4. Does / usually work late?

5. Does / eat in a restaurant?

6. What / do in the evening?

7. Make negative sentences about Anna.

1. live / New York - *She doesn’t live in New York.*
2. drive / work
3. work in a school
4. visit friends in the week
5. go to bed late

8. Complete the table in the Present Simple.

|         | Positive | Negative   | Question          |
|---------|----------|------------|-------------------|
| I       | work     |            | Do I work?        |
| You     |          |            |                   |
| He/ She | works    |            | Does he/she work? |
| We      |          | don’t work |                   |
| They    |          |            |                   |

See page 12-13 for Grammar reference



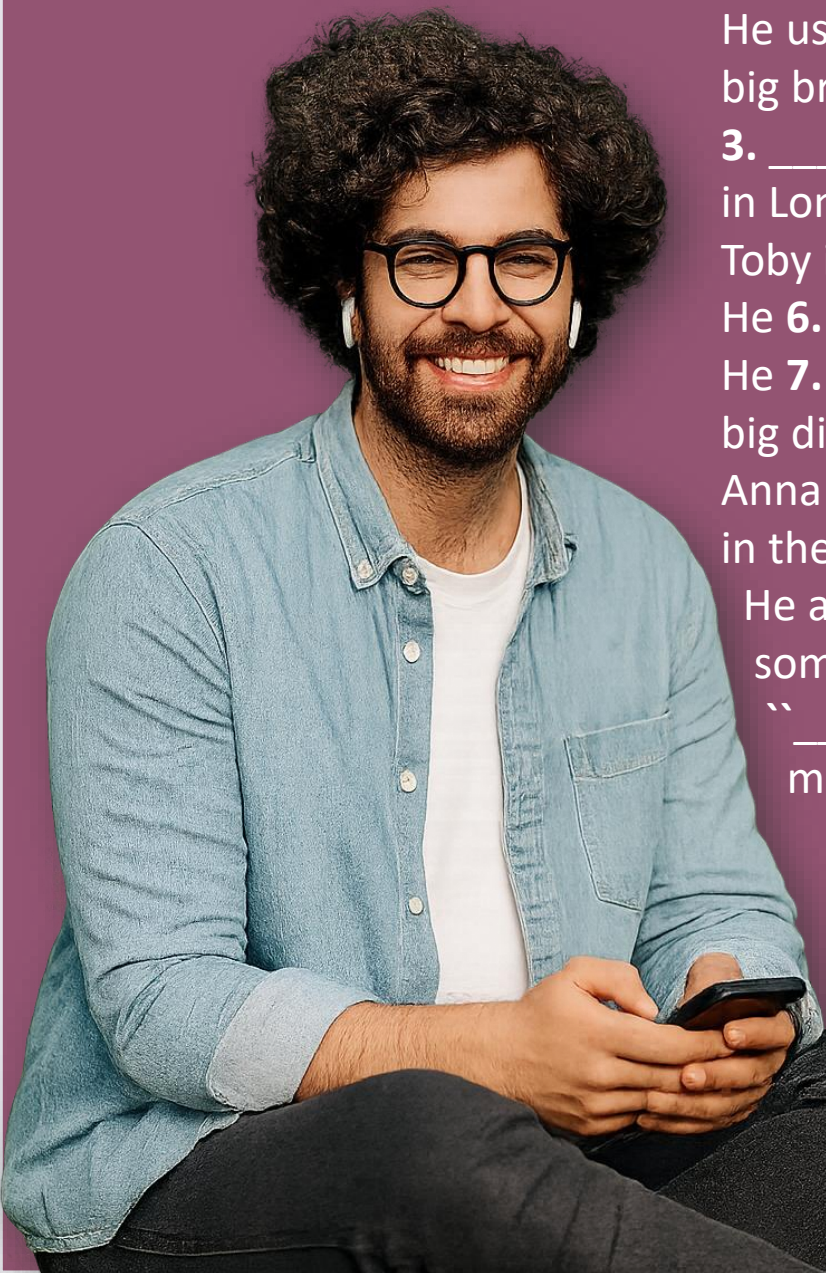
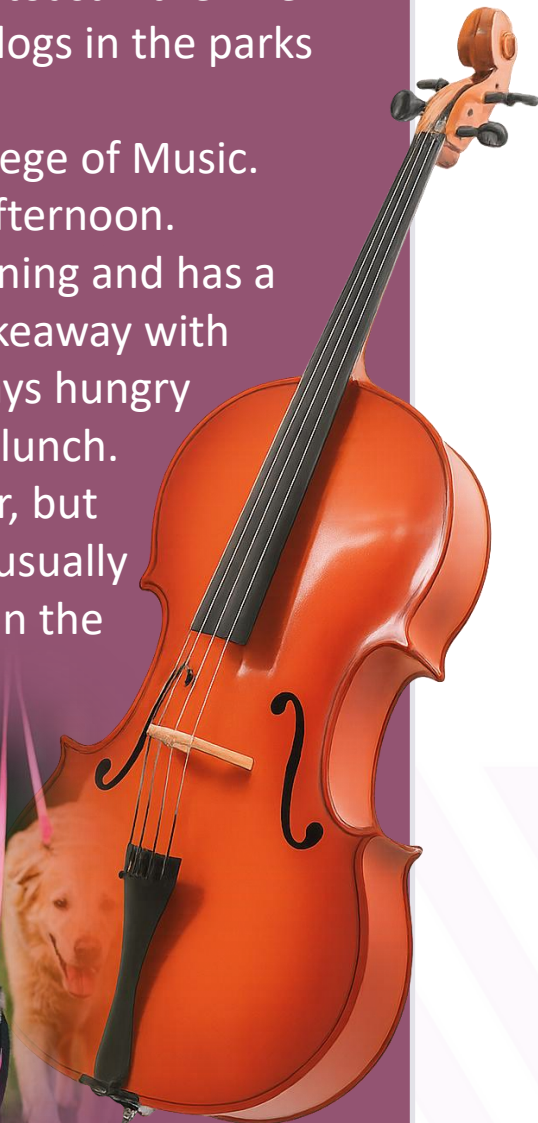
- 1. Anna's flatmate is her brother Bob. His day is very different. What does he do?
- 2. Read and complete the text with the verbs.

shares | goes (x2) | gets up | meets | starts | plays | gets (x2) | eats | loves | walks

The London dog walker  
fills his day with lots of  
walks, fresh air and fun!

Toby McMann is 31 and he's a dog walker and a student of music. He 1. shares a small flat in the centre of London with his sister, Anna.

He usually 2. \_\_\_\_\_ at ten thirty in the morning. He has a big breakfast – tea, sausages, eggs and lots of toast – then he 3. \_\_\_\_\_ to work. He 4. \_\_\_\_\_ lots of dogs in the parks in London. He 5. \_\_\_\_\_ his job, it's fun!  
Toby is a part-time student at the London College of Music. He 6. \_\_\_\_\_ classes at two fifteen in the afternoon. He 7. \_\_\_\_\_ home at six o'clock in the evening and has a big dinner. He sometimes shares a Chinese takeaway with Anna when she 8. \_\_\_\_\_ home. He is always hungry in the evening because he never 9. \_\_\_\_\_ lunch. He always 10. \_\_\_\_\_ his cello after dinner, but sometimes he 11. \_\_\_\_\_ his friends. He usually "\_\_\_\_\_ to bed very late, at one o'clock in the morning.



- 3. Are these sentences about Toby or Anna? Write *He* or *She*.

- |                              |                                             |
|------------------------------|---------------------------------------------|
| 1. <u>She's</u> a doctor.    | 5. _____ walks a lot every day.             |
| 2. _____'s a student.        | 6. _____ doesn't have lunch.                |
| 3. _____ gets up very early. | 7. _____ eats at work.                      |
| 4. _____ cycles to work.     | 8. _____ sometimes goes out in the evening. |

- 4. Listen and complete the conversation. 6.9

**Toby:** Evening, Anna. You look tired.  
**Anna:** I'm 1. fine, thanks. Just busy as usual.  
**Toby:** You're 2. \_\_\_\_\_ busy. You work too hard!  
**Anna:** I know, but I 3. \_\_\_\_\_ my work and I have exams soon.  
**Toby:** I love my work, 4. \_\_\_\_\_, but I sometimes relax and see my friends!  
**Anna:** Relax! You play the cello every day!  
**Toby:** Yes, but I 5. \_\_\_\_\_ a drink with my friends at the weekend. You 6. \_\_\_\_\_ stop!  
**Anna:** That's not true. We 7. \_\_\_\_\_ share a Chinese takeaway! Oh, Toby. How's your friend Oliver?  
**Toby:** He's fine, thanks. He 8. \_\_\_\_\_ asks about you. I think he likes you!  
**Anna:** Oliver is OK. I like him and he's a friend of yours.  
**Toby:** Well, come and meet us at the pub. I can buy you a 9. \_\_\_\_\_.  
**Anna:** Really? That is a good idea. What about next 10. \_\_\_\_\_?  
**Toby:** Yes, great! I often 11. \_\_\_\_\_ Oliver on Saturday.  
**Anna:** Good! Then it's a date!

Listen and check. 6.12

5. Correct the sentences about Anna and Toby.

- 1. He's a doctor.  
He isn't a doctor. He's a student of music.
- 2. She gets up at ten thirty.  
\_\_\_\_\_.
- 3. He's 29.  
\_\_\_\_\_.
- 4. She goes to work by car.  
\_\_\_\_\_.
- 5. She meets friends in the evening.  
\_\_\_\_\_.

Listen and check. Notice the sentence stress.



6. Complete the questions and answers with *do*, *don't*, *does* or *doesn't*.

- 1. \_\_\_\_\_ you like pizza?  
Yes, I \_\_\_\_\_.
- 2. \_\_\_\_\_ she work in London?  
Yes, she \_\_\_\_\_.
- 3. Where \_\_\_\_\_ he work?  
In a hospital.
- 4. \_\_\_\_\_ you go to work by car?  
No, I \_\_\_\_\_.
- 5. \_\_\_\_\_ she go to bed early?  
No, she \_\_\_\_\_.
- 6. \_\_\_\_\_ they have a dog?  
Yes, they \_\_\_\_\_.
- 7. \_\_\_\_\_ he speak Spanish?  
No, he \_\_\_\_\_.
- 8. \_\_\_\_\_ they live in Scotland?  
No, they \_\_\_\_\_.

1. Match a verb in A with a word or phrase in B.

| A         | B             |
|-----------|---------------|
| get up    | music         |
| go        | early         |
| have      | TV            |
| watch     | lunch         |
| listen to | in a hospital |
| work      | to bed late   |

| A     | B              |
|-------|----------------|
| stay  | coffee         |
| drink | at home        |
| eat   | a shower       |
| have  | in restaurants |
| play  | the cello      |
| cook  | for friends    |

Listen and check.  6.14

2. Check the questionnaire and repeat.  6.15

Lifestyle  
questionnaire }

Do you ...?

|                          | always<br>100%           | usually<br>75%           | sometimes<br>25%         | never<br>0%              |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1 get up early           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 have breakfast         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 walk to work or school | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 eat a lot of fruit     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 eat a lot of chocolate | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 play a sport           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 play computer games    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 drink fizzy drinks     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9 drink a lot of water   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10 eat fast food         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 go to bed late        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

3. Ask your teacher the questions and complete the questionnaire. Tick (✓) the correct boxes.



Do you...?

Yes, usually.  
Yes, sometimes.  
No, never.

1. Listen and write the days in the correct order on the calendar.  6.16

Wednesday Monday Friday Tuesday Thursday Sunday Saturday

Listen again and repeat.  6.16

2. Ask and answer the questions.

- What day is it today?
- What day is it tomorrow?
- What days do you go to work?
- What days are the weekend?
- What is your favourite day?
- What day don't you like?

3. Write the correct prepositions.

on | in | at

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- |                  |                    |                 |
|------------------|--------------------|-----------------|
| • nine o'clock   | • Tuesday          | • the morning   |
| • ten thirty     | • Thursday         | • the afternoon |
| • twelve fifteen | • Saturday evening | • the evening   |
| • the weekend    | • Monday morning   |                 |
|                  | • Sunday afternoon |                 |

4. Write the correct preposition. Then answer the questions.

Do you have English lessons ... ?

- \_\_\_\_ Monday morning
- \_\_\_\_ the weekend
- \_\_\_\_ ten o'clock
- \_\_\_\_ Saturday
- \_\_\_\_ the evening

Do you have English lessons at ten o'clock?

Yes, I do.  
No, I don't

Talking about you

5. Complete the questions and answer them.

Do you ...?

- stay at home \_\_\_\_ Saturday evening
- have a bath \_\_\_\_ the morning/evening
- watch Netflix \_\_\_\_ the evening
- get up early \_\_\_\_ Sunday morning
- eat in restaurants \_\_\_\_ the weekend
- go to the office \_\_\_\_ Saturday

Present Simple: he/she/it (1)

Positive

|           |             |          |
|-----------|-------------|----------|
| He<br>She | starts work | at 9:00. |
| It        | leaves      |          |

Spelling – Present Simple: he/she/it

1. Most verbs add -s.

|           |                            |
|-----------|----------------------------|
| He/She/It | walks<br>leaves<br>listens |
|-----------|----------------------------|

2. Verbs ending in -s, -ss, -sh, -ch add -es.

|           |                    |
|-----------|--------------------|
| He/She/It | crashes<br>watches |
|-----------|--------------------|

3. go, have, and do are irregular.

|           |                     |
|-----------|---------------------|
| He/She/It | does<br>goes<br>has |
|-----------|---------------------|

Adverbs of frequency

Adjectives always come before the noun.

|       |           |         |        |
|-------|-----------|---------|--------|
| 0%    | 40%       | 90%     | 100%   |
| never | sometimes | usually | always |

Adverbs of frequency can come before the verb.

I **always** have coffee for breakfast.  
We **never** drink wine.  
He **usually** works until late.  
She **sometimes** goes out on a Sunday night.

Present Simple: he/she/it (1)

Negative

|           |                |                                                              |
|-----------|----------------|--------------------------------------------------------------|
| He<br>She | <b>doesn't</b> | <b>go out</b> in the evening.<br><b>eat</b> in a restaurant. |
|-----------|----------------|--------------------------------------------------------------|

Questions with question words

|           |             |                            |
|-----------|-------------|----------------------------|
| What      | <b>does</b> | she <b>have</b> for lunch? |
| Where     |             | he <b>work</b> ?           |
| What time |             | she <b>go</b> to bed?      |
| When      |             | he <b>leave</b> work?      |

Yes/No questions and short answers

|                                      |                                    |
|--------------------------------------|------------------------------------|
| <b>Does</b> he <b>like</b> rugby?    | Yes, he does.<br>No, he doesn't.   |
| <b>Does</b> she <b>speak</b> French? | Yes, she does.<br>No, she doesn't. |

Does he like tea? Yes, he does. NOT ~~Yes, he likes.~~  
Do you like coffee? No, I don't. NOT ~~No, I don't like.~~

